

Tafarn Sinc

Bwydlen Yr Haf/ Summer Menu



Eog wedi'i dduo gyda Salsa Ffrwythau Trofannol
wedi'i weini gyda salad a merlllys (HG)

*Blackened Salmon with a Tropical Fruit Salsa
served with salad and asparagus (GF) ...£11.25*

Cinio Haf y Gwas wedi'i weini gyda ham cartref, caws
bomiwr tywyll a Shetni Boneddiges Gymreig

*Summer Ploughman's, served with home cooked ham,
black bomber cheese and Welsh Lady Chutney ...£9.50*



Golwyth Ffolen gyda sglodion, cylchau winwns a madarch (HG)

Rump Steak served with chips, onion rings and mushrooms (GF) ...£10.50



Brechdan Anfertth Tafarn Sinc wedi'i weini
gyda sglodion a chylchau winwns
*Tafarn Sinc Club Sandwich served with
chips and onion rings ...£8.95*

Rhost Cnau Morocaidd gyda sglodion a salad (HG) (Ll)

Moroccan Nut roast served with chips and a side salad (GF) (V) ...£10.50

Wystrysen Siampaen y Coed a Risoto Rocoed wedi'i
weini gyda bara planc garlleg (Ll)

*Champagne Oyster Mushroom & Rocket Risotto served
with a garlic flatbread (V) ...£10.25*

